ANGUS
Health & Social Care
Partnership

Physical Disabilities Priority Improvement Plan

Executive Summary

2021 – 2024



1. Introduction and Purpose



This improvement plan is about Angus Health and Social Care Partnership's physical disability service. This service has 2 parts: the physical disability care management team and the Glenloch day centre.

We will work collaboratively with the various specialist physical disability services and pathways across Tayside.

An action plan has been developed to show how we intend to progress with improvements.

2. Background

45% of adults (and 17% of children) have a long-term condition or illness

2017 Scottish Health Survey (SHeS)



A long-term condition is an **illness that cannot be cured but can usually be controlled with medicines or other treatments**, for example, arthritis, asthma, diabetes, epilepsy, angina, heart failure, and high blood pressure (hypertension).

Source: Scottish Health Survey 2018 (Last updated: September 2019)

SheS data says that around **7,538 Angus residents live with a physical disability**.



There are lots of people in Angus aged over 75 years. This number is increasing. There is a big demand for services and support to disabled people in Angus. It is important we work with Allied Health professionals (physiotherapists, occupational therapists, podiatrists) to promote enablement and independence.

We have written this plan because:

- Scottish Government say we should do this
- The new reasons why people need support, including enablement
- The Angus HSCP Strategic Plan highlights the need to encourage the population to be fitter and healthier for longer
- Making sure our service models are delivered in a way that means they can carry on into the future,
- We aim to provide a quality service that makes the best use of the money we have, supporting self-management and promoting independence
- We must work within the budget we have
- More people need support
- New Technology Enabled Care (TEC) can help people manage their care and support
- A focus on enablement and independence; linking with Allied Health Professional (AHP) services in the Health and Social Care Partnership (Angus H&SCP)
- We want people to achieve things and use new ideas and new ways of working
- We have to plan for more people within our budget

The Angus Physical Disability service links in with the Enablement and Response Team.

The Enablement and Response Team have Occupational Therapists and Physiotherapists who carry out assessments about a person's level of independence and what types of ongoing support may be required.



The Glenloch Centre in Forfar works on people's rehabilitation. They support people with a physical disability through a range of activities to develop, regain or maintain skills so they can live more independently. Glenloch rehabilitation staff work closely with Allied Health Professionals (AHPs).

It is very important that these physical disability priority improvement actions are taken forward.

We can change and improve the services to people who need them most, within the resources available. We want to shape and strengthen the service to continue it into the future.

3. Local priorities in Angus for adults with physical disabilities

The local priorities below have been identified from what you have already told us.

Improvement Area	Outcome
 **Demographic Pressures and data collection**	Manage future demands within existing resources. Establish clear data requirements to inform the service.
 **Support and Care (SDS)**	*(All care packages including non-residential)* Ongoing review of all care packages to ensure we are delivering an efficient and effective service.
 **Personal Care (SDS)**	Ongoing review of all care packages to ensure we are delivering an efficient and effective service.
 **Carers and Respite**	Develop more opportunities for short breaks in places that are accessible to people living with physical disabilities.
 **Accommodation**	*(Including residential and out of area placements)* Finding places in Angus for people from Angus who currently live in other parts of the country
 **Day Centres and Community Opportunities**	Look at day centres and see if they need to be changed in any way to make them better. Create more capacity in day centres, ensuring building accessibility.
 **Heath Inequalities**	*(Including support models e.g. step down)* Make a health promotion plan to make it easier for people to stay healthier